

To Be In One's Right Mind

I. Introduction:

A. Jesus taught, to the twelve, “*Let not your heart* [...the thoughts or feelings (mind)]; Strong’s # 2588] *be troubled...*” (**John 14:1; 27**).

1. There is a good stirring of the mind (**II Peter 3:1-2**) and an evil way of stirring up the mind (**Acts 14:1-2**).
2. We cannot deny that the world influences ones mindset (**Ephesians 2:1-3**).
3. Think about the difference in being troubled or at peace (**Romans 8:5-6**).

B. Think about why it is significant that our minds be right (**Mark 12:28-33**, **Ephesians 4:17-24**, and **Colossians 1:21**).

II. Body: **Titus 2:1-8**

A. An example of one out of his right mind, and then back in (**Mark 5:1-20**).

1. Demon/devil possession existed for a purpose (**Mark 16:15-20**).
2. It was a power given to cast them out (**Luke 9:1**).
3. Those devils/demons were evil spirits (**Acts 19:13-17**), the devil’s angels (**Matthew 25:41** and **Revelation 12:7-9**); that are now bound and reserved for judgment (**II Peter 2:4** and **Jude 1:6**).
4. Therefore, the lesson here is not about a demon taking your mind. Rather, to establish what it is to be in or out of one’s right mind.
5. Things of this world can overtake our minds, occupy our thoughts, and distract us from our right thinking (**Mark 4:19**).

B. We are told to think soberly (**Romans 12:1-3**).

1. The difference in being sober in thought and not is likened to be awake vs. asleep (**I Thessalonians 5:6**).
2. The answer is NOT found in distracting ourselves with worldly tasks which could actually turn to our hurt (**Luke 14:15-24**).
3. The answer is focusing, investing ourselves in what is truly helpful (**Luke 12:13-34**). *NOT taking that to an ignorant extreme: <https://www.wordsoftruth.net/december082019article.html>

C. In times of world events, of distraction, the saints need to focus the more on being sober, in our right minds (**I Peter 3:12-4:7**).

1. There was a day at hand in the first century (**Romans 13:11-14**, **Philippians 4:5**, and **James 5:7-10**).
2. As that day, which was visibly approaching, drew near; the saints were to be focused the more on spiritual things (**Hebrews 10:22-25**).
3. It was not the Judgment Day for all humanity (**Mark 13:31-37**).
4. That day at hand was the judgment on Jerusalem that very much involved the Lord’s wrath (**Matthew 23:33-24:34**).

5. These warnings, and that coming day were much troubling to saints even outside of Jerusalem (**II Thessalonians 2:1-2**).

6. Yet, even with this anxiety and the evil that the world brought to them, they needed to be clear in their thinking (**Titus 2:11-14**).

III. Conclusion: *“Wherefore gird up the loins of your mind, be sober...”* **I Peter 1:13-16**